DIET SHEET

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Give 2 to 3 meals per day of meat.

Leave dry food out all the time, for ad-lib feeding

MEAT:

You can use either pre-made frozen patties from Petstock, Petbarn etc, or you can make your own meat meals.

Please DO NOT use pet meat from supermarkets - it has harmful preservatives etc in it. Human grade meat only when buying from a supermarket.  
  
Pre-made patties  
  
Big Dog, Leaps'N'Bounds or Proudi, Dr B’s etc:  rabbit, kangaroo, turkey, chicken, salmon, etc. Don't add vitamin supplement to this - it's already a complete, balanced meal.

DIY Recipe  
  
Ingredients: To make 1kg of food:

800g Muscle meat – minced or diced [chicken, lamb, beef, roo]  
50g Chicken hearts (for the Taurine), or lamb heart if you can’t get chicken  
50g Other muscle organ [chicken giblets, tongue]  
50g Liver  
50g kidney [or spleen, brains, other secreting organ]  
1 whole egg  
10 capsules Salmon Oil  
1 tsp eggshell powder  
½ tsp Vitamin/Mineral Supplement [see below]

Eggshell Powder  
  
To make eggshell powder:

* Wash shells, keeping as much of the membrane as you can
* Place upside down on baking tray and bake at 180 for 5 mins
* Grind to a powder in a coffee grinder. Store in airtight jar.

Vitamin Mix:   
Empty out capsules, grind tablets in coffee grinder, mix together. Store in airtight jar.

50 x 1000mg Taurine capsules  
20 x 150mg Kelp  
20 x calcium/magnesium tablets  
10 x 50mg chelated manganese capsules  
5 x 400iu Dry Vitamin E capsules  
2 x 50mg vitamin B capsules

You can buy all these vitamins from iHerb Australia.

TINS:

If you’re going to add tinned food to the diet, please do so gradually.

* Coles brand Seafood Cocktail [occasionally]
* Ziwipeak tinned food
* Human-grade Sardines, Mackeral, or Salmon in Springwater
* NO TUNA - it's far too high in mercury content.

DRY FOOD/KIBBLE:

Kitten:

* Royal Canin Babycat until 4 months old.    
  - At 4 months, change to Royal Canin Kitten.    
  - Feed Kitten food until 12 mths old, then change to Adult

Adult:

* Royal Canin Indoor or Royal Canin Maine Coon

Drinks:

* Water ad-lib
* A saucer a day of Liddells or Zymil lactose free milk to boost calcium intake.  Available in long-life section of supermarket.    
  Alternatively, you can use Di-vetelact animal formula.

Please note that raw meat MUST be frozen for minimum 3 days before use to kill any parasites in it – a week is better. For “wild” meat like roo, rabbit, venison & pork, they must be frozen for minimum 3 WEEKS before use.